



October 2025

Pre-K Breakfast

MONDAY**TUESDAY****WEDNESDAY****THURSDAY****FRIDAY****1**

- Whole Grain Waffles
- Breakfast Syrup
- Fresh Red Delicious Apple
- Apple Juice
- Fruit Punch
- Orange Pineapple Juice
- 1% Low-fat Milk

2

- Cheerios
- Grape Jelly
- Low Fat Mozzarella String Cheese
- Chilled Diced Pears
- 1% Low-fat Milk

3

- Whole Grain Apple Cinnamon Muffin
- Fresh Red Delicious Apple
- Apple Juice
- Fruit Punch
- Orange Pineapple Juice
- 1% Low-fat Milk

6

- Whole Grain French Toast Sticks
- Buffalo Chicken Wrap
- Turkey Sausage Patty
- Breakfast Syrup
- Chilled Diced Pears
- Apple Juice
- Fruit Punch
- Orange Pineapple Juice
- 1% Low-fat Milk

7

- Apple Cinnamon Cheerios
- Low Fat Mozzarella String Cheese
- Fresh Orange
- 1% Low-fat Milk

8

- Whole Grain Waffles
- Breakfast Syrup
- Fresh Red Delicious Apple
- Apple Juice
- Fruit Punch
- Orange Pineapple Juice
- 1% Low-fat Milk

9

- Cheerios
- Grape Jelly
- Low Fat Mozzarella String Cheese
- Chilled Diced Pears
- 1% Low-fat Milk

10**13**

- WG Banana Muffin
- Low Fat Mozzarella String Cheese
- Fresh Orange
- Apple Juice
- Fruit Punch
- Orange Pineapple Juice
- 1% Low-fat Milk

14

- Chicken Tenders
- Whole Grain Waffle
- Breakfast Syrup
- Tropical Fruit Cocktail
- 1% Low-fat Milk

15

- Whole Grain Panckae Donut bites with Blueberries
- Breakfast Syrup
- Fresh Orange
- Apple Juice
- Fruit Punch
- Orange Pineapple Juice
- 1% Low-fat Milk

16

- Apple Cinnamon Cheerios
- Low Fat Mozzarella String Cheese
- Tropical Fruit Cocktail
- 1% Low-fat Milk

17**20**

- Whole Grain Apple Cinnamon Muffin
- Fresh Whole Apple Gala
- Apple Juice
- Fruit Punch
- Orange Pineapple Juice
- 1% Low-fat Milk

21

- Apple Cinnamon Cheerios
- Low Fat Mozzarella String Cheese
- Cinnamon Diced Pears
- 1% Low-fat Milk

22

- Turkey Sausage & Egg on English Muffin
- Fresh Whole Apple Gala
- Apple Juice
- Fruit Punch
- Orange Pineapple Juice
- 1% Low-fat Milk

23

- Multigrain Cheerios
- Low Fat Mozzarella String Cheese
- Fresh Banana
- 1% Low-fat Milk

24

- Sausage, Cheese & Biscuit Sandwich
- Cinnamon Diced Pears
- Apple Juice
- Fruit Punch
- Orange Pineapple Juice
- 1% Low-fat Milk

27

- Breakfast Turkey Sausage Pizza
- Fresh Orange Wedges
- Apple Juice
- Fruit Punch
- Orange Pineapple Juice
- 1% Low-fat Milk

28

- Reduced Sugar Trix
- Low Fat Mozzarella String Cheese
- Tropical Fruit Cocktail
- 1% Low-fat Milk

29

- Sausage & Cheese Bagel Sandwich
- Fresh Granny Smith Apple
- Apple Juice
- Fruit Punch
- Orange Pineapple Juice
- 1% Low-fat Milk

30

- Apple Cinnamon Cheerios
- Low Fat Mozzarella String Cheese
- Tropical Fruit Cocktail
- 1% Low-fat Milk

31

- Whole Grain Apple Cinnamon Muffin
- Fresh Orange Wedges
- Apple Juice
- Fruit Punch
- Orange Pineapple Juice
- 1% Low-fat Milk

If you have a food allergy or intolerance, please notify us. Ask your cafeteria manager if changes were made to today's menu so we can help keep you safe!

Adult Meal Prices Adult Breakfast: \$2.84, Adult Lunch: \$5.29, White Milk: \$0.60, Chocolate Milk: \$0.65

Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.

USDA is an equal opportunity provider, employer, and lender. Layout & Design © Nutrislice, Inc. Printed on 9/10/2025 at 2:28 pm .

TABLE